

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Please refer to the Event Calendar on the back of for more programs off the Home Area

Morning Neighborhood Time
Canada Day Tattoos

Canada Day

Morning Neighbourhood Time
Tranquil Tuesdays (Green Room)
Morning Daily Living (Yellow Room)
Balcony Gathering
Afternoon Friendly Visits

Morning Neighbourhood Time
Tim Hortons Social (Red Room)
Morning Daily Living (Yellow Room)
Stories by the ook nook (Red Room)

Morning Neighbourhood Time
Thoughtful Thursday

Independence Day (US)

Laundry Day
Morning Neighbourhood Time
Baking (Red Room)
Daily Living (Red Room)
Balcony Social

2:00 Virtual Spiritual Service(LA) 7

Morning Neighborhood Time

Morning Neighbourhood Time
Tranquil Tuesdays (Green Room)
Morning Daily living (Yellow Room)
Balcony Gathering
Afternoon Friendly Visits

Morning Neighbourhood Time
Afternoon Balcony Time

Morning Neighbourhood Time
Thoughtful Thursday

Morning Neighbourhood Time (Red Room)
Morning Daily Living (Yellow Room) (Red Room)
Afternoon Balcony Time

Laundry Day
Morning Neighbourhood Time
Morning Exercises & Meditation
Afternoon Sing a Long on the Balcony

2:00 Spiritual Service (LA) Carlisle United Church 14

Morning Neighborhood Time

Morning Neighbourhood Time
Tranquil Tuesdays (Green Room)
Morning Daily living (Yellow Room)
Balcony Gathering
Afternoon Friendly Visits

Morning Neighbourhood Time (Red Room)
Morning Daily Living (Yellow Room) (Red Room)
Afternoon Balcony Time

Daily Living (Lunch Prep)
Noon Lunch Club
Thoughtful Thursday
Evening Neighborhood Time

Morning Neighbourhood Time (Red Room)
Morning Daily Living (Yellow Room) (Red Room)
Afternoon Balcony Time

Laundry Day
Morning Neighbourhood Time
Morning Exercises & Meditation
Afternoon Games on the Balcony

2:00 Hymn Sing with Sylvia Fry (LA) 21

Morning Neighborhood Time

Morning Neighbourhood Time
Tranquil Tuesdays (Green Room)
Morning Daily living (Yellow Room)
Balcony Gathering
Afternoon Friendly Visits

Morning Neighbourhood Time (Red Room)
Morning Daily Living (Yellow Room) (Red Room)
Afternoon Balcony Time

Daily Living (Lunch Prep)
Noon Lunch Club
Daily Living
Thoughtful Thursday
Evening Neighborhood Time

Morning Neighbourhood Time (Red Room)
Morning Daily Living (Yellow Room) (Red Room)
Afternoon Balcony Time

Laundry Day
Morning Neighbourhood Time
Morning Exercises & Meditation
Afternoon Storytelling on the Balcony

2:00 Virtual Spiritual Service (LA) 28

Morning Neighborhood Time

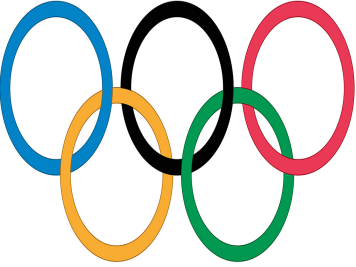


Morning Neighbourhood Time
Tranquil Tuesdays (greenroom)
Morning Daily living (Yellow Room)
Balcony Gathering
Afternoon Friendly Visits

Morning Neighbourhood Time
Baking (Red Room)
Morning Daily Living (Yellow Room)
Birthday Celebration (Red Room)
Afternoon Balcony Time

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning Canada Day Facts and Trivia 1 2:00 Great Canadian Singers (LA) 	<i>Music Therapy</i> 2 10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Jigsaw Puzzle (GC)	3 10:00 Timmy's Social (LA) 2:00 Brad Boland (DR)	4 10:30 Crafts with Cate (DR) 2:00 Beading (GC) 3:30 Friendly visits 6:00 Evening Walks <small>Independence Day (US)</small>	<i>Happy Birthday David M.!</i> 5 10:30 Bible Study - David & Goliath 10:30 Aiden-Strolling Guitarist 2:00 Food Committee meeting with Rucha (LA)	6 10:30 Exercises & Meditation (LA) 2:00 Sing-a-long (SH) 3:30 Friendly Visits
7 Morning Walks 2:00 Virtual Spiritual Service (LA)Afternoon Neighborhood time	8 1:30 Board games (GC) 6:00 National Dances (LA)	<i>Happy Birthday Paul W.!</i> 9 <i>Music Therapy</i> 10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Bowling (LA)	<i>Happy Birthday Susan M.!</i> 10 10:00 Knitting Circle (GC) 2:00 Sole Sisters Dancer Troop (DR)	11 10:00 Martin Wall (DR) 1:30 Crafts with Cate (LA) 6:00 Beach Ball (SH)	12 9:30 Neighborhood Time 2:00 Bracelet Making (SH)	13 10:30 Exercises & Meditation (LA) 2:00 Baking (SH) 3:30 Friendly Visits
14 Morning Walks 2:00 Spiritual Service (LA) Carlisle United Church Afternoon neighborhood time	15 1:30 Movie Matinee 6:00 Jola - Accordionist (LA)	<i>Music Therapy</i> 16 10:00 Bingo (LA) 11:00 Chime Choir(LA) 1:30 Roman Catholic Mass (LA) 3:00 Traveling Tablet (GC)	17 10:00 Manicures 12:00 BBQ <small>(Chef Darrell grilling for whole home, weather permitting on a rotational basis a group will dine outside)</small> 2:30 Sing-a-long	18 10:30 Crafts with Cate 2:00 Axe Throwing (GC) 3:30 Doll Therapy (GC) 6:00 Coloring Circle	<i>Happy Birthday Elsie R.!</i> 19 9:30 Friendly visits 10:30 Aiden Strolling Guitarist 2:00 Trail walks (weather permitting)	20 10:30 Exercises & Meditation (LA) 3:00 Manicures (GC) 3:30 Friendly visits
21 Morning Walks 2:00 Hymn Sing with Sylvia Fry (LA) Afternoon neighborhood time	22 2:00 Drum Circle (LA) 6:00 Outdoor Social	23 10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Card games (GC)	24 10:00 Walk to Memorial Park - please sign up with LEA - outing will be on rotating basis 2:00 Baking (LA)	25 10:30 Crafts with Cate 2:00 Bean Bag Toss (GC) 6:00 Evening Walks	26 9:30 Friendly visits 2:30 Knitting circle (SH)	27 10:30 Exercises & Meditation (LA) 2:00 Board Games (SH) 3:30 Friendly Visits
28 Morning Neighborhood time 2:00 Virtual Spiritual Service (LA) Afternoon Walks	29 2:00 Armchair Travel (LA) 6:00 Bingo (LA)	30 10:00 Auction (LA) 11:00 Chime Choir(LA) 2:00 July Birthday Social (LA)	31 10:00 Manicures 12:00 BBQ <small>(Chef Darrell grilling for whole home, weather permitting on a rotational basis a group will dine outside)</small> 2:30 Toss & Talk (GC)	 <p style="text-align: center;">Grindstone Creek July 2024 Please see daily post on regular basis.</p>		

Legend: (GC) Grindstone Creek-H1, SH (Smokey Hollow), LA (Large Activity Room)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning Canada Day Facts and Trivia 1 2:00 Great Canadian Singers (LA) 	<i>Music Therapy</i> 2 10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Jigsaw Puzzle (GC)	10:00 Timmy's Social (LA) 3 2:00 Brad Boland (DR)	10:30 Crafts with Cate (DR) 4 2:00 Beach Ball (SH) 6:00 Evening Walks (Weather permitting)	10:30 Bible Study - David & Goliath 5 10:30 Aiden Strolling Guitarist 2:00 Food committee meeting with Rucha (LA)	10:30 Exercises & Meditation (LA) 6 2:00 Sing-a-long (SH) 3:30 Friendly Visits
Morning Walks 7 2:00 Virtual Spiritual Service (LA) Afternoon Neighborhood time	1:30 Board Games (GC) 8 6:00 National Dances Quiz (LA)	<i>Happy Birthday Paul W.!</i> 9 <i>Music Therapy</i> 10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Bowling	<i>Happy Birthday Susan M.!</i> 10 <i>Nicole H&S Training</i> 10:00 Manicures (SH) 2:00 Sole Sisters Dancer Troop (DR)	10:00 Martin Wall (DR) 11 1:30 Crafts with Cate (LA) 6:00 Beach Ball (SH)	9:30 Neighborhood Time 12 2:00 Bracelet Making	10:30 Exercises & Meditation (LA) 13 2:00 Baking (SH) 3:30 Friendly Visits
Morning Walks 14 2:00 Spiritual Service (LA) Carlisle United Church Afternoon neighborhood time	1:30 Movie Matinee 15 6:00 Jola - Accordionist (LA)	<i>Music Therapy</i> 16 10:00 Bingo (LA) 11:00 Chime Choir(LA) 1:30 Roman Catholic Mass (LA) 3:00 Neighborhood Time	10:00 Friendly Visits 17 12:00 BBQ <i>(Chef Darryl grilling for whole home, weather permitting on a rotational basis a group will dine outside)</i> 2:30 Sing-a-long	10:30 Crafts with Cate 18 2:00 Bean Bag Toss (SH) 6:00 Coloring Circle (LA)	<i>Happy Birthday Elsie R.!</i> 19 9:30 Friendly Visits 10:30 Aiden Strolling Guitarist 2:00 Trail Walks (weather permitting)	10:30 Exercises & Meditation (LA) 20 2:00 Manicures (SH) 3:30 Friendly Visits
Morning Neighborhood time 21 2:00 Hymn Sing with Sylvia Fry (LA) Afternoon Walks	2:00 Drum Circle (LA) 22 6:00 Outdoor Social	10:00 Bingo (LA) 23 11:00 Chime Choir(LA) 2:00 Card Games (GC)	10:00 Walk to Memorial Park 24 <i>(Please sign up with Life Enrichment, outing will be on rotational basis)</i> 2:00 Baking (LA)	10:30 Crafts with Cate 25 2:00 Axe Throwing (SH) 6:00 Evening Walks (Weather Permitting)	9:30 Friendly Visits 26 2:30 Knitting Circle (SH)	10:30 Exercises & Meditation (LA) 27 2:00 Board Games (SH) 3:30 Friendly Visits
Morning Neighborhood time 28 2:00 Virtual Spiritual Service (LA) Afternoon Walks	2:00 Armchair Travel (LA) 29 6:00 Bingo (LA)	10:00 Auction (LA) 30 11:00 Chime Choir(LA) 2:00 July Birthday Social (LA)	10:00 Traveling Trivia (SH) 31 12:00 BBQ <i>(Chef Darryl grilling for whole home, weather permitting on a rotational basis a group will dine outside)</i> 2:30 Beach Ball (SH)	 <h2 style="margin: 0;">July 2024 Smokey Hollow</h2>		



Alexander Place

LEGEND: Grindstone Creek (GC) - Home Area 1

Smokey Hollow (SH) - Home Area 2




White Pine (WP) - Home Area 3

Griffin (G) - Home Area 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning Canada Day Facts and Trivia 2:00 Great Canadian Singers (LA) 	Music Therapy 10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Axe Throwing (G)	Happy Birthday Quebec 10:00 Timmy's Social 2:00 Brad Boland (DR)	10:30 Crafts with Cate (DR) 2:00 Basketball (G) 3:30 Friendly Visits <small>Independence Day (US)</small>	Happy Birthday David M.! 10:30 Bible Study - David & Goliath 10:30 Aiden Guitarist 2:00 Food Committee Meeting (LA)	10:30 Exercises & Meditation (LA) Afternoon Trivia On The Balcony
Neighbourhood Time 2:00 Virtual Spiritual Service (LA) Afternoon Walks	1:30 Board Games (GC) 6:00 National Dances Quiz (LA)	Happy Birthday Paul W.! Music Therapy 10:00 Bingo (LA) 11:00 Chime Choir (LA) 2:00 Bowling (LA)	Happy Birthday Susan M.! 10:00 Price Is Right (G) 2:00 Sole Sisters Dancer Troop (DR)	10:00 Martin Wall (DR) 1:30 Crafts with Cate (LA)	Afternoon Balcony Time	10:30 Exercises & Meditation (LA) Afternoon Sing-A-Long On The Balcony
Neighbourhood Time 2:00 Spiritual Service(LA) Carlisle United Church Afternoon Walks	1:30 Movie Matinee (LA) 6:00 Jola - Accordionist (LA)	Music Therapy 10:00 Bingo (LA) 11:00 Chime Choir(LA) 1:30 Roman Catholic Mass (LA) 2:30 Myth Busters (G)	10:00 Do You Hear What I Hear (G) 12:00 BBQ <small>(Chef Darrell grilling for whole home - weather permitting a group will dine outside on a rotational basis)</small> 2:30 Sing-A-Long (LA)	10:30 Crafts with Cate (LA) 2:00 All About Koalas (G)	Happy Birthday Elsie R.! 10:30 Aiden Strolling Guitarist Afternoon Balcony Time	10:30 Exercises & Meditation (LA) Afternoon Games On The Balcony
Morning Walks 2:00 Hymn Sing with Sylvia Fry (LA) Neighbourhood Time	2:00 Drum Circle (LA) 6:00 Outdoor Social	10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Bean Bag Toss (G)	10:00 Walk To Memorial Park <small>(please sign up, outing will be on a rotating basis)</small> 2:00 Baking (LA)	10:30 Crafts with Cate (LA) 2:00 Olympic Quiz (G)	Afternoon Balcony Time	10:30 Exercises & Meditation (LA) Afternoon Story Telling On The Balcony
Morning Walks 2:00 Virtual Spiritual Service (LA) Neighbourhood Time	2:00 Armchair Travel (LA) 6:00 Bingo (LA)	10:00 Auction (LA) 11:00 Chime Choir(LA) 2:00 July Birthday Social (LA)	10:00 Measuring UP (G) 12:00 BBQ <small>(Chef Darrell grilling for whole home - weather permitting a group will dine outside on a rotational basis)</small> 3:00 There, Their and They're Quiz (G)	 <p>GRIFFIN JULY 2024</p>		

Legend: (G) Griffin -H4, (LA) Large Activity Room, (GC) Grindstone Creek-H1

Please see the Daily Posts for the most up to date information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2:00 Great Canadian Singers (LA) 	2 <i>Music Therapy</i> 10:00 Bingo (LA) 11:00 Chime Choir(LA)	3 10:00 Timmy's Social (LA) 2:00 Brad Boland (DR)	4 10:30 Crafts With Cate (DR)	5 <i>Happy Birthday David M.!</i> 10:30 Bible Study - David & Goliath 10:30 Aiden Strolling Guitarist 2:00 Food Committee Meeting (LA)	6 10:30 Exercises & Meditation (LA)
7 2:00 Spiritual Service(LA) Virtual	8 6:00 National Dances Quiz (LA)	9 <i>Happy Birthday Paul W.!</i> <i>Music Therapy</i> 10:00 Bingo (LA) 11:00 Chime Choir(LA) 2:00 Bowling (LA)	10 <i>Happy Birthday Susan M.!</i> 2:00 Sole Sisters Dancer Troop (DR)	11 10:00 Martin Wall (DR) 1:30 Crafts With Cate (LA)	12 2:00 Bracelet Making (LA)	13 10:30 Exercises & Meditation (LA)
14 2:00 Spiritual Service (LA) Carlisle United Church	15 1:30 Movie Matinee (LA) 6:00 Jola - Accordionist (LA)	16 <i>Music Therapy</i> 10:00 Bingo (LA) 11:00 Chime Choir(LA) 1:30 Roman Catholic Mass (LA)	17 12:00 BBQ <i>(Chef Darryl grilling for whole home, weather permitting on a rotational basis a group will dine outside)</i> 2:30 Sing-A-Long (LA)	18 10:30 Crafts With Cate (DR)	19 <i>Happy Birthday Elsie R.!</i> 10:30 Aiden-Strolling Guitarist	20 10:30 Exercises & Meditation (LA)
21 2:00 Hymn Sing with Sylvia Fry (LA)	22 2:00 Drum Circle (LA) 6:00 Outdoor Social	23 10:00 Bingo (LA) 11:00 Chime Choir(LA)	24 10:00 Walk To Memorial Park 2:00 Baking (LA)	25 10:30 Crafts With Cate (DR)	26 Friendly Visits	27 10:30 Exercises & Meditation (LA)
28 2:00 Spiritual Service (LA) Virtual	29 2:00 Armchair Travel (LA) 6:00 Bingo	30 10:00 Auction (LA) 11:00 Chime Choir(LA) 2:00 July Birthday Social (LA)	31 12:00 BBQ <i>(Chef Darryl grilling for whole home, weather permitting on a rotational basis a group will dine outside)</i>	<div style="background-color: #e91e63; color: white; padding: 20px; text-align: center;"> <h1 style="margin: 0;">JULY 2024</h1> <p style="margin: 5px 0;">This calendar reflects whole home programming. Calendars unique to each home area are available for further details.</p> </div>		

Legend: Large Activity Room (LA), Dining Room (DR), Grindstone Creek (GC)



Please see the Daily Posts for the most up to date information.)